



wamd

THE WISCONSIN SOCIETY
FOR POST-ACUTE AND
LONG-TERM CARE
MEDICINE

V I R T U A L F A L L C O N F E R E N C E

OCTOBER 8-9, 2020

*PROVIDING EXCELLENT CARE IN LTC
DURING COVID-19*

FOR ALL MEDICAL DIRECTORS, PHYSICIANS,
PHYSICIANS ASSISTANTS, HEALTH CARE
PROVIDERS, NURSE PRACTITIONERS, NURSING
HOME ADMINISTRATORS & NURSES WORKING
IN LONG-TERM AND POST-ACUTE CARE

ONLINE REGISTRATION OPEN
WWW.WAMD.ORG/ANNUAL-MEETING



C/O 253 Willow Lane
Hartford, WI 53027

Thursday, October 8

8:45 AM-8:55 AM Welcome. Opening Remarks

Opening remarks and instructions on how to navigate the virtual conference.

8:55 AM-9:55 AM Chronic Obstructive Lung Disease (COPD) and Obstructive Sleep Apnea (OSA) in Extended Care Facility

Speaker: Dmitry Kogan MD

- 1) Discuss the prevalence and associated diagnoses of COPD and in Extended Care Facility (ECF)
- 2) Outline diagnostic and treatment strategies for COPD
- 3) Describe challenges specific to ECF setting for management of COPD
- 4) Explain how transitions of care provide additional burden for ECF patients
- 5) Discuss the risk factors and presentation of OSA in elderly patients
- 6) Explore the prevalence of OSA in ECF
- 7) Outline evaluation and treatment strategies
- 8) Describe cardiovascular and cognitive effects of OSA as well as healthcare utilization in elderly patients with this disorder

10:00 AM-11:15 AM Fellows Panel and Presentation

Geriatrics Fellows present a current journal article or study of practical significance to Long Term Care, following by an interactive panel discussion with the audience.

11:20 AM-12:20 PM The Ombudsman and Medical Director/Practitioner Relationship in Long-Term Care

Speaker: Kim Marheine

Persons receiving long-term care services have many unique needs and expectations. Some are easily met, and others may clash with those expectations of surrogate decision-makers and staff. This session will provide information about the services of the Long-Term Care Ombudsman Program in Wisconsin, and how those services serve to bring about collaboration that supports the rights of all residents, focusing particularly on decisions that involve risk.

1. Participants will expand their understanding of the roles and boundaries of surrogate decision-makers when conflicts arise over resident choice and dignity of risk relevant to decisions involving health care and quality of life.
2. Participants will understand the role of the ombudsman in resolving residents' concerns and complaints, providing education, and facilitating resolution in situations of conflict.
3. Participants will consider residents' rights and long-term care provider responsibilities relative to choices and decisions around sexual relationships, COVID resistance, and challenges resulting in discussions of involuntary discharge.

12:20 PM-1:05 PM Exhibitor Lunch Break Visit the exhibitors online while you break for lunch. You will join the exhibitors and learn how the exhibitors can help you help your residents. The exhibitors are live during the session. Attendees who participate in the exhibitor session are eligible for a prize, just like if we were to meet in person.

1:05 PM-2:05 PM Dementia Residents

Speaker: Nathaniel Chin MD

Provide an overview and findings of a systematic review of arts-based therapy for patients with dementia

Objectives: Review stages of dementia and highlight key non-pharmacological interventions

2:10 PM-3:25 PM Legislative and Regulation Update

Speaker: Brian Purtell JD.

2020 has been a year of constant change and updates. Medical directors and practitioners need to keep abreast of the many regulations and guidance that come for the WI Department of Health, CMS, CDC, and other entities. Join this session to make sure you are guiding your facilities to the best possible outcomes.

Objectives:

1. Discuss current LTC legislation of interest in Wisconsin.
2. Discuss facility adaptation to the Patient Driven Payment Model
3. Discuss the liability of providers in informal collaboration with peers.

3:30 PM-4:30 PM Palliative Care in Long-Term Care

Speaker: Elizabeth Bukowy DO

Often it can be difficult to determine the appropriate plan of care for our frail elderly residing in the Long-Term Care setting. If the plan of care changes, many providers are uncertain about how to remain involved during the decision-making process and management afterward. This talk defines the differences in Palliative Care and Hospice Care, provides conversation tools for advanced care planning discussions, and identifies ways to remain involved when the plan of care transition to hospice.

Objectives: * Define differences between Palliative Care and Hospice Care.
* Establish conversation tools for advance care planning discussions.
* Identify ways to maintain involvement during a transition to hospice.

4:30 PM-5:30 PM Annual WAMD Member Meeting

Speaker: Kristin Severson DO, CMD, FACOI

Annual Membership meeting. Our annual board member election will be held. Members are asked to stay in the session to meet the quorum for voting in the new board of directors and for any possible bylaws update.

Friday, October 9

8:00 AM-9:00 AM **Psychopharmacology Update**

Speaker: Art Walaszek MD

Approximately 90% of people with dementia experience behavioral and psychological symptoms (BPSD). Long-term care residents without dementia also commonly experience depression, anxiety, and insomnia. While non-pharmacological interventions are effective and safer than medications, clinicians do prescribe medications to address symptoms and behaviors that are distressing or dangerous. In this presentation, we will review the risks and benefits of psychotropic medications for various mental health conditions affecting older adults.

Objectives: 1. Recognize the appropriate use of psychotropic medications in long-term care settings.
2. Describe the risks and benefits of psychotropic medication for behavioral and psychological symptoms of dementia.
3. Describe the risks and benefits of psychotropic medication for other conditions in late life such as depression, anxiety, and insomnia.

9:15 AM-10:15 AM **DQA (Division of Quality Assurance) Update**

Speaker: Otis Woods, MBA.

This session in each annual meeting informs us of changes in the regulatory environment in nursing homes.

Objectives:

1. Describe the regulatory changes necessary to adapt to COVID-19 in facilities.
2. Update us on the increasing acuity in Assisted Living.
3. Describe the ten most common nursing home citations in Wisconsin, and compare Wisconsin with other nearby states.

10:30 AM-11:30 AM **Diabetes Update for Long-Term Care and Assisted Living**

Speaker: Irene O'Shaughnessy MD, FACP

Objectives:

1. Describe the role of newer agents in the treatment of diabetes in ECFs, especially in relation to cost.
2. Discuss hypoglycemia protocols to avoid.
3. Discuss standards for screening for nephropathy in long-term care.

11:45 AM-12:45 PM **Pharmacy Regulation Update**

Speaker: Doug Englebert R.Ph, MBA

This session will review the current pharmacy regulatory activity occurring in long term care settings. In this session you will: 1) Identify frequently asked questions

and answers related to pharmacy services in long term care. 2) Describe frequently cited pharmacy concerns in long term care. 3) Identify pharmacy hot-topics that are sparking up in long term care.

12:45 PM-1:15 PM **In the Trenches Lunch Session** Enjoy your lunch and favorite beverage while having an open In The Trenches discussion.

1:30 PM-3:00 PM **Infectious Disease Update**

Speaker: Chris Crnich MD, PhD

Objectives:

1. Discuss necessary infection control pitfalls in relation to COVID-19.
2. Discuss current treatment trials for COVID-19, and status of vaccine development.
3. Describe sequelae in COVID-19 survivors.

FALL CONFERENCE 2020 INFORMATION AND DISCLOSURES

CONFERENCE LEARNER OUTCOMES

self-report knowledge gain in: 1) identifying nursing home residents that are at increased risk of death from COVID-19 2) identifying the role of the ombudsman in improving communication in the nursing home 3) identifying the current best practices from an infectious disease expert

Speaker Biographies and Descriptions

Complete speaker biographies and program objections are listed at www.WAMD.org/Annual-Meeting

Cancellation & Refund Policy

All refund requests must be made in writing via email to the attention of Melissa Montgomery at melissa.wamd@icloud.com before September 30, 2020. Cancellations received after this date, and no-show registrants, will not receive a refund.

Hold Harmless & Disclosure of Waiver of Liability

Please read the full waiver and policy on our website or in your conference packet. By attending this seminar, you hereby waive any and all claims against WAMD and its employees arising out of your use of the information contained herein.

WAMD reserves the right to cancel, substitute or reschedule speakers for education sessions.

Virtual Conference & Handout Information

The 2020 Virtual Fall Conference is held using a virtual conference platform called Whova, Inc. Information regarding how to use the platform on a mobile device or desktop platform once you register. All handouts, speaker bio, agenda information, are made available are accessible from the app, which is viewable on a desktop or mobile device. Attendees will receive an email with download information

